# CENTENNIAL REGIONAL HIGH SCHOOL



# Exploration Vocational Training Course Outline

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## Purpose:

- 1. To help students to recognize the interaction between the labour market, the workforce and the elements that link and sustain it (interaction, skills, interests, personal strengths and weaknesses, training, and education)
- 2. To introduce the spectrum of Vocational and Technical programs available to Quebec students
- 3. To afford students the opportunity to discover the essential factors to be considered when career/occupational decisions are made

### Key Considerations:

- Myths and realities surrounding trades and human potential in North American society.
- Vocational training programs Quebec's Education System
- Job market trends and considerations
- Socioeconomic and Cultural influences as well as gender biases
- Preparation to enter the job market by creating working resumes, cover letters and interview techniques

### **Competencies:**

- The student explores post-secondary education pathways and training Consults different sources of academic and career information Learns about different trades and occupations
- The student contemplates his/her suitability for vocational training Contemplates his/her learning and work possibilities Makes connections between elements of his/her learning

### Evaluation:

33% of the term will be based on participation in class (journals, written response, etc.)33% of the term will be based on assignments and homework34% of the term will be based on tests and projects

Revised: July 2022